

# CaRi-Heart® Coronary Inflammation and Risk Report Instructions for Use

August 31, 2022

### Intended Audience

This document is for use by healthcare professionals who will receive a CaRi-Heart Coronary Inflammation, Plaque, and Risk Report from Caristo Diagnostics.

### Indications for use

- CaRi-Heart is a software device used to produce analysis results to assist Healthcare Professionals in
  patient management. It helps operators assess information about vascular-related inflammation, plaque
  and stenosis from computed tomography angiography images and calculates measures related to the risk
  of cardiac mortality due to coronary-related inflammation and other clinical risk factors.
- CaRi-Heart and its analysis results are indicated for use for all adult patients referred for CCTA imaging.
- CaRi-Heart is to be used by trained operators. CaRi-Heart analysis results are to be used by Healthcare Professionals.
- CaRi-Heart analysis results should be reviewed with other clinical information which may include, but is
  not limited to: the patient's original CT images, clinical history, symptoms, clinical risk factors, results of
  other diagnostic tests, and the clinical judgement of appropriately qualified Healthcare Professionals.

# Imaging pre-requisites

- Patient should be between 30 80 years old.
- Images should be acquired using a CCTA protocol on a 64-slice scanner or above.
- Image scan should include the pulmonary artery bifurcation cranially and fully include the apex of the heart caudally.

A paper copy of this eIFU may be requested from the manufacturer at no additional cost. A paper copy will be provided within 7 days of request.

Device: CaRI-Heart 2.5
Reference: 1707
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RX Only UK CE



Manufacturer Caristo Diagnostics Ltd. New Barclay House 234 Botley Road Oxford, OX2 0HP United Kingdom



EC Representative EMERGO Europe Prinsessegracht 20 The Hague 2514 AP The Netherlands



# Description of CaRi-Heart Report Content

CaRi-Heart® Coronary Inflammation and Risk Reports provide information about plaque, coronary-related inflammation and the inflammation-associated risk of cardiac mortality. The CaRi-Heart® Plaque, Coronary Inflammation and Risk Report provides the following measures:

**FAI** for each coronary vessel: a modifiable measure of coronary inflammation

**FAI-Score** for each coronary vessel: a standardised modifiable measure of coronary inflammation

CaRi-Heart Risk a measure of the 8-year risk of cardiac mortality, taking into account coronary inflammation,

atherosclerotic plaque, patient demographics and clinical risk factors.

**Stenosis** for each plaque: a quantitative measure of the narrowing due to atherosclerosis

**Remodelling index** for each plaque a: a measure of the outward change in vessel diameter due to

plaques within the vessel wall.

**Plaque composition** for each vessel the volume of calcified, fibrous and fatty tissue compositions present

in any plaques found.

### Warnings and Cautions



**CAUTION:** CaRi-Heart reports should not be used as a primary means of diagnosis.



**CAUTION:** CaRi-Heart reports are not a substitute for standard CCTA reports and do not contain incidental findings.



**CAUTION:** CaRi-Heart reports should be interpreted by a healthcare professional who retains the ultimate responsibility for making the pertinent diagnosis based on their standard practice.



**CAUTION:** CaRi-Heart reports are not intended to be used to guide revascularization strategy.



**CAUTION:** Timeframes for analysis results provision are contractually defined and are subject to delay. CaRi-Heart reports should not be requested for patients with unstable coronary syndromes or in patients where urgent and timely workup and evaluation is critical.

# **Notices**



**NOTICE:** If a serious incident occurs in relation to the use of reports produced by the device, the competent authorities of the Member State and the Manufacturer shall be notified.

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### Performance Characteristics

Reports from CaRi-Heart are not intended to provide a diagnosis and are intended only to be used as an additional clinical data point as part of a wider diagnostic process. The software and/or its methodologies have been validated through a variety of studies which have been widely published. A short sampling of the published data is as follows:

- Oikonomou EK, Marwan M, Desai MY, et al. Non-invasive detection of coronary inflammation using computed tomography and prediction of residual cardiovascular risk (the CRISP CT study): a post-hoc analysis of prospective outcome data. Lancet. 2018;392(10151):929-939
- Antoniades C, Shirodaria C. Detecting Coronary Inflammation With Perivascular Fat Attenuation Imaging: Making Sense From Perivascular Attenuation Maps. JACC Cardiovasc Imaging. 2019;12(10):2011-2014
- 3. Antonopoulos AS, Sanna F, Sabharwal N, et al. Detecting human coronary inflammation by imaging perivascular fat. Sci Transl Med. 2017;9(398).

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